



Helping Hands Supported Living

VENDOR #HQ2483

Serving San Diego County

How We Support Individuals

- Assistance selecting & moving into a home
- Choosing personal supports and roommates
- Common daily activities
- Participating in community activities
- Budgeting tools & money management

**NOW ACCEPTING
REFERRALS!**

Contact us today to get started

**SERVICES OFFERED IN
SPANISH & ENGLISH**



About the Director

I'm Meagan Andino, executive director of Helping Hands Supported Living. I'm thrilled to reconnect with SDRC after recently leaving my role as an SC in a children's unit, back in January 2026!

During my 7 years at SDRC, I earned my M.S. in Psychology & my Doctorate in Social Work. I have extensive experience supporting individuals with disabilities in non-profit sectors. I've worked and learned in SLS, ILS, Tailored Day, RDI, ABA, special education, behavior therapy, nutrition & exercise fitness, PTSD, and serving combat military veterans.

I'm excited to be part of this company and build a network of support for individuals who want to live on their own and participate in their communities!

Our Services



Supported Living Services



Independent Living Skills



Community Integration



Behavioral Support



Transportation & Mobility

www.hhsupportedliving.com

EMAIL OR CALL US TODAY!

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